## **Community Integration**

Clients are active and rarely inside the Centers all day. They take visits to local eateries for book club, fitness at the gym, and volunteering in the community. Other field and walking trips are incorporated into their regular schedule. One of P.R.I.D.E's goals is to encourage physical fitness and health.

**Recreation includes:** 

- Yoga
- Bowling
- Gym
- Fitness
- Miniature Golf
- Walking
- Bocce
- Touch-football



P.R.I.D.E. activities are augmented and reinforced through volunteering in the community and field trips.

**♦ P.R.I.D.E**.

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#### Eligible clients can qualify for funding throughthe N.J. Department of Human Services, Division of Developmental Disabilities (NJDHS/DDD). While most day clients are ECLC grads, the P.R.I.D.E. Evening Program (P.E.P.) has limited enrollment for other adults with special needs, not from ECLC schools, who are working during the day or are enrolled in another day program.

Dot Libman, P.R.I.D.E. Director Tel: (973-601-5324)

> Morris P.R.I.D.E. 100 Passaic Avenue Chatham, NJ 07928

Bergen P.R.I.D.E. 403 Sette Drive Paramus, N.J. 07652

# P.R.I.D.E. Adult Day & Evening Program





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www.eclcofnj.org

#### Background

ECLC's services continue after graduation to ensure continued learning and achievement.

The P.R.I.D.E Program was started in 2008 for graduates who are not ready for work. The name P.R.I.D.E.<sup>®</sup> stands for Promoting Responsibility, Independence, Decision-making and Employability.

The program is open, if appropriate, to graduates of ECLC's schools who meet the acceptance criteria.



P.R.I.D.E. offers a safe, positive and supportive environment which enables and empowers adult clients to develop their life goals. Activities take place at the centers and in the larger community.

### Program Overview

• P.R.I.D.E. is an adult day/evening program with centers in Florham Park and Paramus.

- Hours: The day program runs Monday -Friday, from 9:30 a.m. to 3 p.m. The P.R.I.D.E. Evening Program (P.E.P.) operates from 4 p.m. to 8 p.m.
- Funding/Referral Sources: Funding opportunities may come from the Division of Develop-ment Disabilities (DDD). Other funding and re-ferral opportunities may be available by contact-ing community-based organizations.
- Transportation: Clients and their families typically arrange for their own transportation to the



- Independent Living: Clients build a foundation for future success and self-help by practicing daily living skills, such as food prep and cooking, music appreciation and money skills.
- Social Appropriateness: Clients experience continual peer-to-peer interaction and also participate in group discussions and role-playing activities aimed at nurturing their social skills.

#### Activities focus on:

• Independent Living Skills

**Area of Focus** 

- Money Management
- Current Events
- Self-Advocacy
- Social Skills
- Book Club
- Travel Training
- Food Shopping and Preparation
- Cultural Arts
- Leisure Time Skills



• Work Enhancement Skills: With the launch of the P.R.I.D.E.CO micro-business in 2011, clients are paid to work, completing shredding and packaging contracted jobs for local businesses in a dedicated work space outfitted with commercial equipment. This endeavor gives clients additional opportunities for